

FALL ARRESTOR[®] ADJUSTABLE LIFELINE SYSTEM SPECIFICATION AND INSTRUCTIONS

THESE ARE ADDITIONAL INSTRUCTIONS TO THE FALL ARRESTOR LIFELINE/ROPE GRAB SYSTEM'S INSTRUCTION/SPECIFICATION MANUAL

WARNING!!! WARNING!!!

SERIOUS INJURY OR DEATH MAY RESULT FROM THE IMPROPER USE OF THIS EQUIPMENT. YOU MUST READ, UNDERSTAND, AND RECEIVE TRAINING FROM THE MANUFACTURER'S INSTRUCTION MANUAL BEFORE USING THIS EQUIPMENT!

Specification of Use:

The **FALL ARRESTOR ADJUSTABLE LIFELINE SYSTEM** is designed to be used by ONLY one person at a time. The system is designed to enable the user to pull any unwanted portion of the lifeline through the splice which is located approximately 18" from the Oval Eye Thimble at the top end of the lifeline.

- 1) Connect the Oval Eye Thimble end of the Red Fall Arrestor lifeline to the Fall Arrest Anchor point, using a carabiner. **(NEVER CONNECT THE OVAL EYE THIMBLE OF THE BLUE ROPE GRAB KNOT TO THE ANCHOR POINT.)**
- 2) Measure out the amount of lifeline you need. Follow the guidelines in the Fall Arrestor Personal Lifeline/Rope Grab System Instruction/Specification Manual for proper adjustment of your lifeline system. Make sure you tie a limiter knot toward the bottom end of the lifeline.
- 3) Pull any excess lifeline (that you don't want to be dragging around the work surface) through the splice near the top end of the lifeline.
- 4) Tie a simple half hitch or similar knot to be used as a second limiter knot. This knot must be located above the splice section of the lifeline. It must be tied at the point on the lifeline where it will prevent the excess line from pulling through the splice.
- 5) You should now have just the right amount of usable lifeline in your work area. All the excess line should now be up near the anchor point and out of your way.

WARNING: THE ADJUSTABLE LIFELINE SYSTEM MUST ALWAYS HAVE 2 LIMITER KNOTS. ONE ABOVE THE SPLICE TO PREVENT THE EXCESS LINE FROM PULLING THROUGH, AND ONE TOWARD THE BOTTOM END OF THE LIFELINE TO PREVENT EXCESSIVE FREE FALL EXPOSURES.

SUPER ANCHOR SAFETY

8522 - 216th. Street SE Woodinville, WA 98072-8009

Phone: (425) 488-8868 or Fax: (360) 668-1717